

# THE PROVINCIALS

## 2016 ONTARIO CHAMPIONSHIP

### Information at a Glance

- Date:** Saturday, December 17<sup>th</sup>, 2016
- Location:** Japanese Canadian Cultural Centre, 6 Garamond Court, Toronto, Ontario, M3C-1Z5
- Host Hotel:** Toronto Don Valley Hotel & Suites, 175 Wynford Drive, Toronto, Ontario (416) 449-4111 *Ask for special CASK rate*
- Disciplines:** Amateur K1 (K1), Full Contact (FC), Low Kick (LK), Kick Light (KL), Light Contact (LC)
- Divisions:** Cadets (5-9); Juniors (10-12) (13-15); Intermediate (16-18); Senior (19-39), Veterans (40>)
- Classifications:** Novice (0-10 bouts); Open (11 bouts or more) for weight divisions see registration form  
*If not enough athletes' register – CASK will move athletes to another discipline or to a closer weight division for a make-up bout (MB). This is a progressive tournament.*
- Weigh in/Medicals:** Saturday, December 17<sup>th</sup> - 9 am sharp (for all athletes competing on Saturday)
- Competition Time:** The days and times for the various brackets will be posted online by Monday November 28<sup>th</sup>.

#### Athlete Information:

- CASK Club member athletes need a valid 2016 Passport to compete in all ring Divisions
  - Kick Light Athletes must be registered with CASK but do not require Passports or Medicals.
- \*NON-CASK Club athletes must submit a CASK Individual Registration Form (all athletes) and a completed CASK Annual Medical (ring athletes)

#### Coach Information:

- CASK Member Clubs Registered Coaches must have a 2016 Coaching Card to corner
- \*NON CASK Registered coaches\* must submit a CASK Individual Registration Form, obtain a Police Check, and complete a CASK Level1 Coaching Course prior to the Provincials

#### Deadline and Fees:

<b>Early Bird Registration Deadline</b>	<b>Register by noon Friday October 7<sup>th</sup></b>	<b>\$ 75 per athlete/per division</b>
<b>Regular Registration Deadline</b>	<b>Register by noon Friday November 4<sup>th</sup></b>	<b>\$100 per athlete/per division</b>
<b>Late Registration Deadline</b>	<b>Register by noon Friday November 25<sup>th</sup></b>	<b>\$125 per athlete/per division</b>

*Athletes from Non-CASK clubs	Register Fee by noon Friday, November 4 <sup>th</sup>	\$125 per athlete/per division
*Athletes from Non-CASK clubs	Register Fee by noon Friday, November 25 <sup>th</sup>	\$150 per athlete/per division

\* Athletes are still required to complete the CASK Individual Membership form and obtain a CASK Annual Medical

**NO REGISTRATIONS ACCEPTED AFTER – Friday November 25<sup>th</sup>, 2016**

#### How to Register:

*All Registration Forms are available ONLINE at [KickboxingCanada.org](http://KickboxingCanada.org) (Upcoming Competition Page)*



International Federation

#### BUREAU NATIONAL / NATIONAL OFFICE

5008 South Service Road, Burlington, Ontario, CANADA, L7L 5Y7  
 Phone: 905-681-9815 - Fax: 905-681-1638 - Email: [nhq@kickboxingcanada.org](mailto:nhq@kickboxingcanada.org)



National Sporting Organization